



28th May 2021



This lemon self-saucing pudding is a delight! Light, fluffy sponge with a zesty lemon sauce beneath.

Lemon Surprise Pudding

PREPARATION TIME:

30 mins to 1 Hour

COOKING TIME:

30 mins to 1 Hour

SERVES:

6

METHOD

Preheat the oven to 180C/160C Fan/Gas 4. Butter a 2 litre/3½ pint shallow ovenproof dish.

Grate the zest from two of the lemons, then squeeze the juice of all three.

Cream the butter with the sugar and lemon zest. Beat in the egg yolks one by one. Don't worry if the mixture curdles. Next beat in the flour a spoonful at a time, alternating with slurps of milk and lemon juice.

Once that is all in, whisk the egg whites in a separate bowl until they form stiff peaks, and fold lightly into the lemon batter.

Pour the mixture into the baking dish, then stand the dish in a roasting tin. Pour enough boiling water around the dish to come about halfway up the sides.

Bake in the oven for 40–45 minutes until the pudding is golden brown. Serve hot or warm, with or without cream.

INGREDIENTS

3 lemons

100g/3½oz unsalted butter, softened, plus extra for greasing 200g/6oz vanilla sugar or plain caster sugar 4 medium free-range eggs, separated 75g/3oz plain flour 500ml/17fl oz milk